The background of the top section features several stylized, white, spiky virus particles (resembling coronaviruses) scattered against a dark, almost black background. A white rectangular border is centered on the page, enclosing the main title text.

COVID-19 Guidance for Denman and Hornby Islands

Welcome residents and visitors!

While you're on the islands, please help reduce the risk of a COVID-19 outbreak. The islands have limited capacity for first response and medical attention.

- Wash hands regularly and stay at least 2 metres away from others.
- Avoid unnecessary touching of surfaces in shops and public spaces.
- Avoid crowded places, including beaches and parks. If crowded, consider going somewhere else or come back later.
- Please support local businesses and follow their specific requests. Plan your shopping ahead to reduce browsing. Step outside to socialize at a safe distance.
- If you experience COVID-19 symptoms, immediately self-isolate and seek assistance.

Together, we can help keep each other and these island communities healthy and safe.

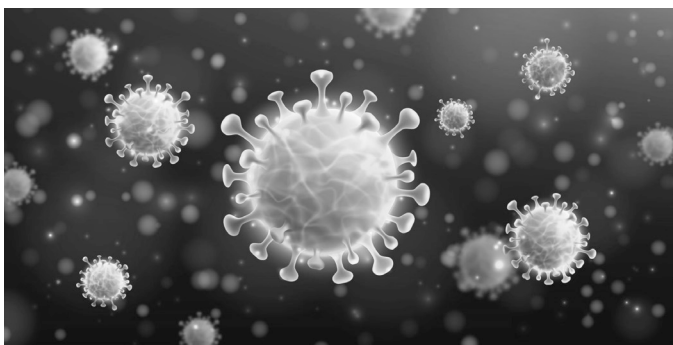


Island Medical Services

This summer, more than ever, we are each responsible for our own health and the health of each other.

The symptoms of COVID-19 include coughing, sneezing, fever, sore throat and difficulty breathing. If you develop symptoms call **8-1-1** or use the BC COVID-19 Self-Assessment Tool at bc.thrive.health to help determine if you need further assessment and testing.

If you require urgent medical attention call **9-1-1**.



On Hornby Island:

- If the Hornby Island Medical Clinic is NOT your primary health care provider, the clinic can no longer offer non-emergency care or walk-in services to visitors, in compliance with Island Health regulations. Call your own primary health care provider, or the HealthLink BC phone line at **8-1-1**.

On Denman Island:

- The Denman Island Medical Clinic can be contacted at **250-335-2260** for an appointment.

Thank you for your support and understanding.

